

# **Mature osteoclast–derived apoptotic bodies promote osteogenic differentiation via RANKL-mediated reverse signaling**

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## **Supplementary Methods and Materials**

### **Cell culture and Reagents**

MC3T3-E1 cell line was obtained from American Type Culture Collection (ATCC). Recombinant Mouse RANKL and Recombinant Mouse M-CSF were purchased from R&D Systems (Minneapolis, MN). Antibodies against H2B (sc-515808), H3 (sc-56616), C3B (sc-28294), C1QC (sc-365301), CD9 (sc-13118), ACTB (sc-58673), ALP (sc-365765), COL1A1 (sc-293182), Osterix (sc-393060), RUNX2 (sc-101145), RANK (sc-59981), and GAPDH (sc-32233) were purchased from Santa Cruz Biotechnology (Santa Cruz). Antibody against p-PI3K (ab182651), PI3K(ab32089), p-Akt (ab81283), Akt (ab179463), p-S6K (ab59208), S6K (ab32529) was purchased from ABcam (Cambridge, UK). Cell Counting Kit-8 was obtained from Dojindo Molecular Technologies (Dojindo, Japan). TRAP stain kit was obtained from Sigma-Aldrich (NY, USA). Membrane dye DiI was obtained from Life Technologies. Alpha minimal essential Medium ( $\alpha$ -MEM) and fetal bovine serum (FBS) was purchased from Gibco (life technologies, USA). Penicillin-streptomycin solution was obtained from Hyclone (Thermo Scientific, USA).

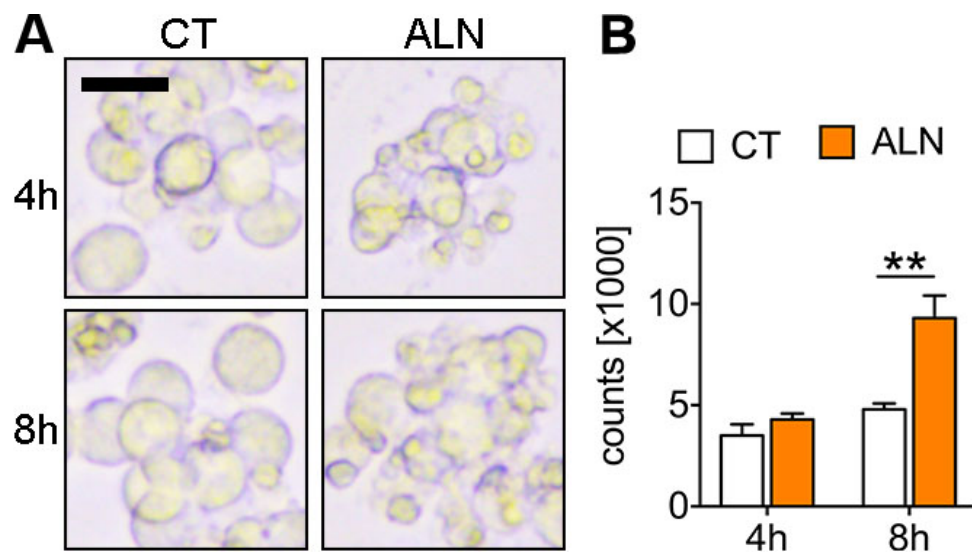
### **Cell viability assessment**

Primary bone marrow monocytes/macrophages (BMMs) were seeded ( $2 \times 10^3$  per well) into 96-well plates and were cultured overnight. Cells were induced with M-CSF (50 ng/ml) and RANKL (100 ng/ml) for obtaining pOCs and mOCs. Cell proliferation and viability were evaluated by Cell Counting Kit-8 (CCK8, Dojindo, Japan) reagent at 0h, 24h, 48h, and 72 h

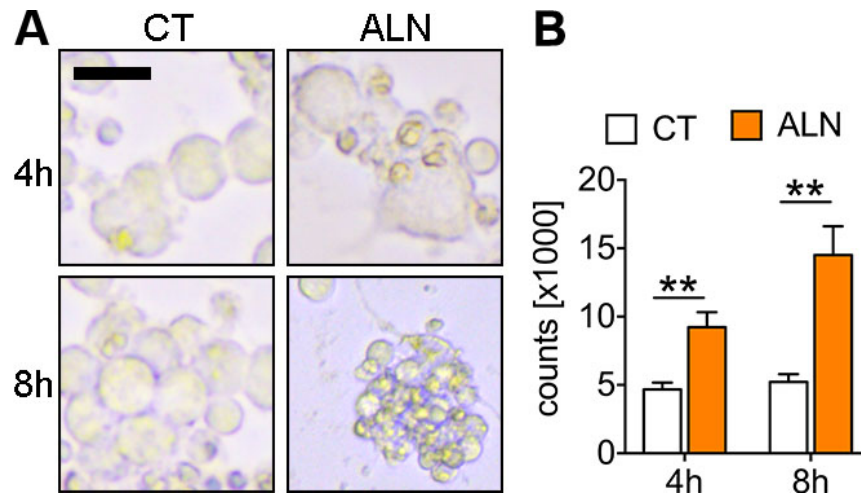
according to the manufacturers' instructions. The absorbency of cells was measured using a 96-well plate reader at 450 nm. Wells containing the CCK-8 reagent with no cells were used as the blank control.

### **Microscopy and confocal microscopy**

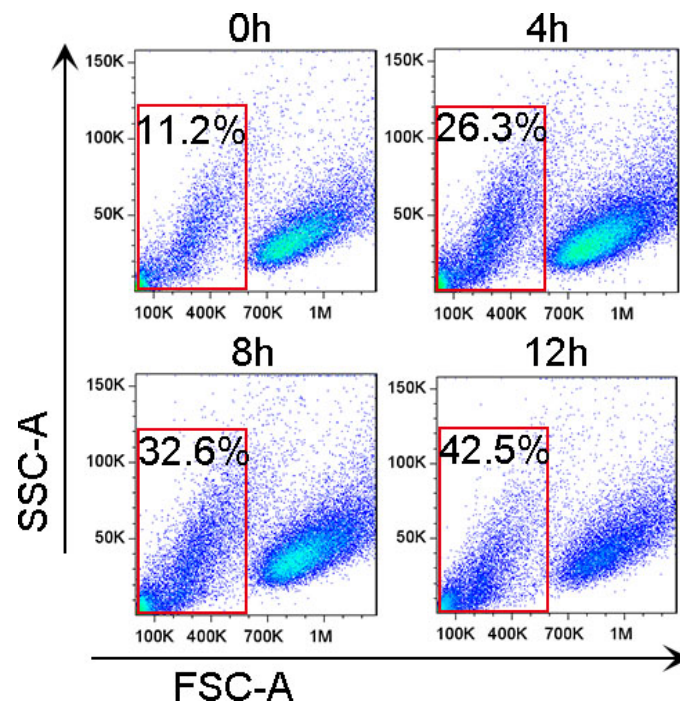
For light microscopy, cell morphology and state were observed by Olympus IX70 Inverted Microscope during cultured in 96-well plates or after trap staining. For confocal microscopy, cells were co-incubated with ABs in laser confocal dishes and analysis on Zeiss LSM800 using a 100x oil-immersion lens (excitation at 488, 568, 647 nm, detection at 650 nm, shown red and 488 nm, shown green). For analysis of engulfment, AnnexinV-FITC stained ABs were co-incubated with MC3T3-E1 (cultured for 24h), which were stained by cell tracker red.



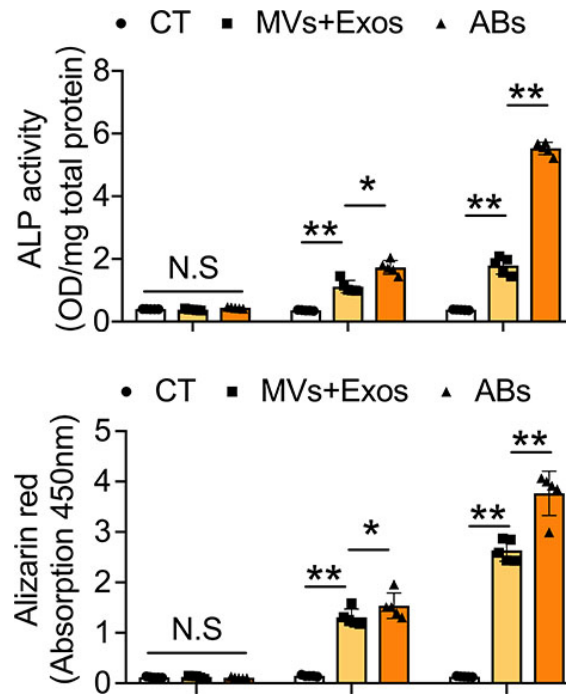
**Supplementary Figure S1. a** BMMs were induced with ALN (500  $\mu$ M) and observed using light microscopy 4 and 8 hours after induction. Bar represents 20  $\mu$ m. **b** Quantification of subcellular fragment counts. The data in the figures represent the averages  $\pm$  SD. Significant differences are indicated as \* ( $p < 0.05$ ) or \*\* ( $p < 0.01$ ) paired using Student's t test unless otherwise specified.



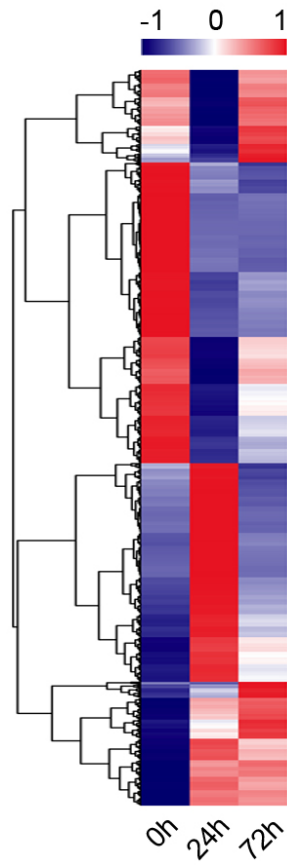
**Supplementary Figure S2.** **a** pOCs were induced with ALN (500  $\mu$ M) and observed using light microscopy 4 and 8 hours after induction. Bar represents 20  $\mu$ m. **b** Quantification of subcellular fragment counts. The data in the figures represent the averages  $\pm$  SD. Significant differences are indicated as \* ( $p < 0.05$ ) or \*\* ( $p < 0.01$ ) paired using Student's t test unless otherwise specified.



**Supplementary Figure S3.** Subcellular fragments containing ABs and MVs+Exos separated from apoptotic and viable cells by flow cytometry. Dot plots show FSC/SSC properties of apoptotic cells and subcellular fragments (circled population) after induction of apoptosis by ALN (500  $\mu$ M). Subcellular fragments were quantified after the indicated incubation periods

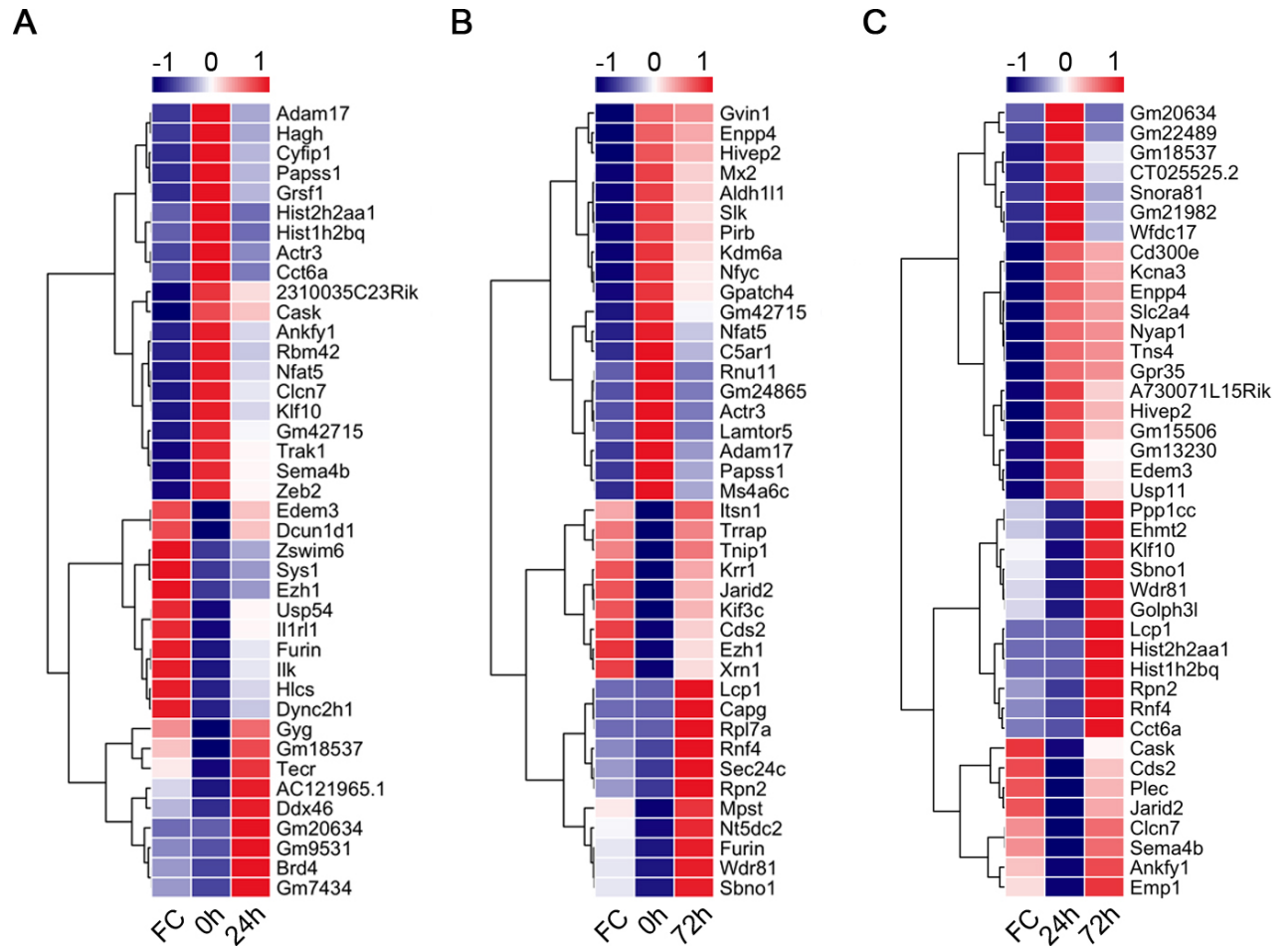


**Supplementary Figure S4.** Quantification of ALP activity and Alizarin red stain of MSCs treated with osteogenic factors in indicated groups. The data in the figures represent the averages  $\pm$  SD. Significant differences are indicated as \* ( $p < 0.05$ ) or \*\* ( $p < 0.01$ ) paired using Student's t test unless otherwise specified.

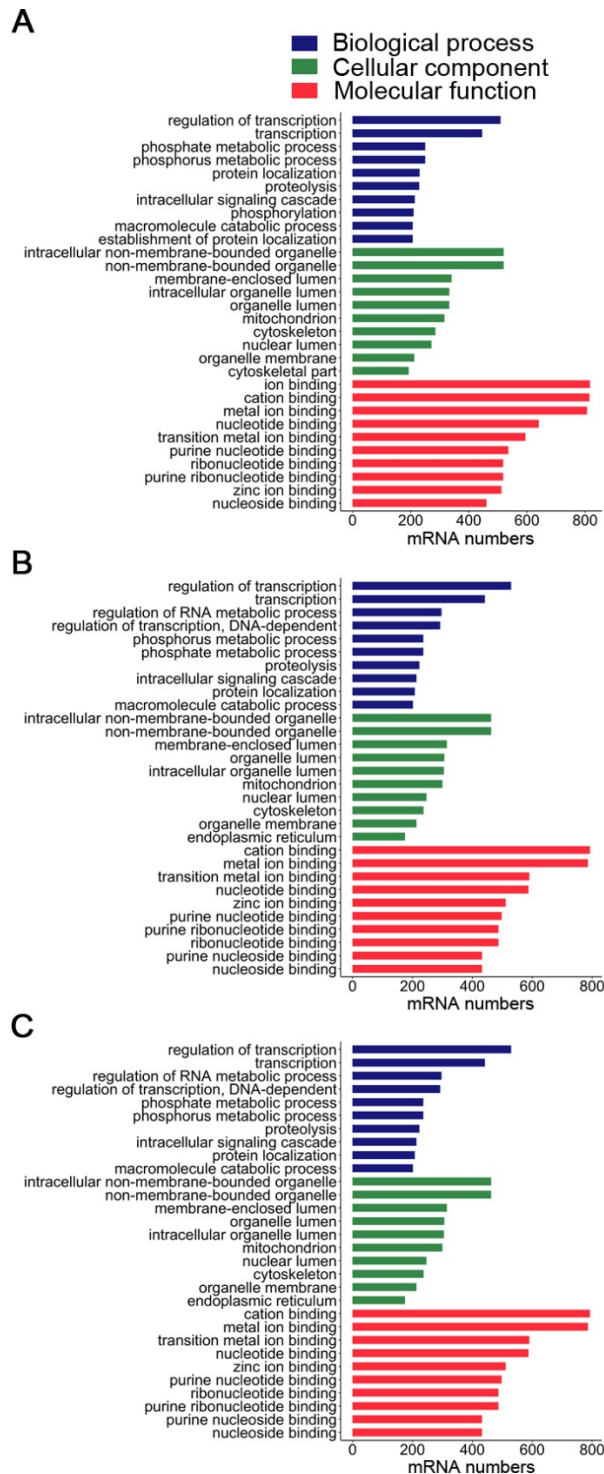


**Supplementary Figure S5.** Cluster heatmap showing all 14,196 differentially expressed mRNAs in BMM-ABs (0h), pOC-ABs (24h) and mOC-ABs (72h).



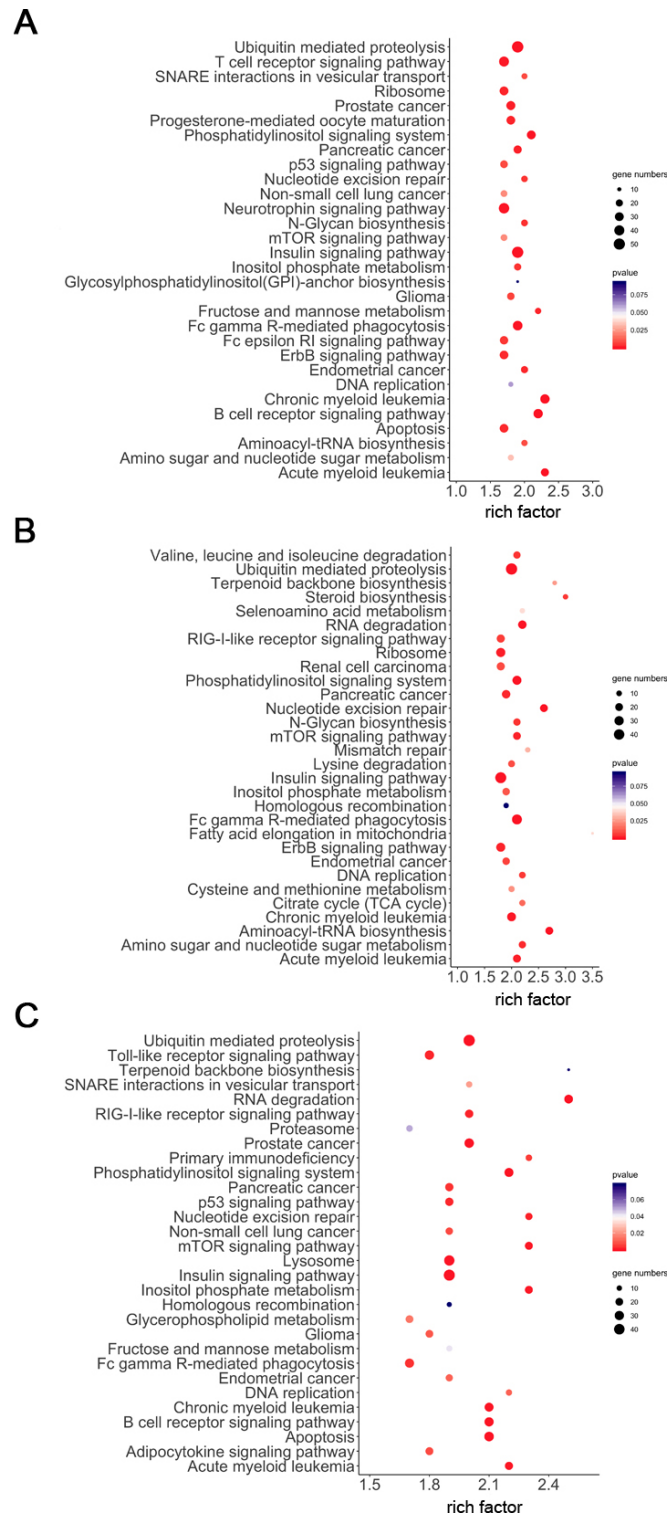


**Supplementary Figure S6.** Cluster heatmaps showing top 20 up and down regulated mRNAs in (A) BMM-ABs (0h) and pOC-ABs (24h), (B) BMM-ABs (0h) and mOC-ABs (72h), (C) pOC-ABs (24h) and mOC-ABs (72h).



**Supplementary Figure S7.** GO analysis of differentially expressed mRNAs in three groups.

Top 10 BP, CC and MF terms for the differentially expressed mRNAs in (A) pOC-ABs and BMM-ABs, (B) mOC-ABs and BMM-ABs, (C) mOC-ABs and pOC-ABs.



**Supplementary Figure S8. KEGG enrichment analysis of differentially expressed mRNAs** in three groups. TOP 30 KEGG pathway terms of differentially expressed mRNAs in (A) pOC-ABs and BMM-ABs, (B) mOC-ABs and BMM-ABs, (C) mOC-ABs and pOC-ABs.

Supplementary Table S1. Primer sequences for qPCR

Genes	Forward	Reverse	Tm (°C)
RUNX2	5'-ATGCTTCATTTCGCCTCACAAA-3'	5'-GCACTCACTGACTCGGTTGG-3'	61
ALPL	5'-AACCCAGACACAAGCATTCC-3'	5'-GAGACATTTTCCCGTTCACC-3'	60
COL1A1	5'-GCTCCTCTTAGGGGCCACT-3'	5'-ATTGGGGACCCTTAGGCCAT-3'	62
Sp7	5'-AAGTCTCAAGGTTATAGGGACGG-3'	5'-CCATGCTTGTCTGGGTATAGTGT-3'	62
GAPDH	5'-TGGATTTGGACGCATTGGTC-3'	5'-TTTGCACTGGTACGTGTTGAT-3'	60
β-actin	5'-TCCCTGTATGCCTCTG-3'	5'-ATGTCACGCACGATTT-3'	61